



the **French House Party** experience



Lorrain de Peyer Director/Founder of The Courage to Sing

Working with The French House Party and our **Find Your Voice** course is the first European holiday singing programme to be led by **Lorrain de Peyer**, founder and director of **The Courage to Sing**.

Lorrain de Peyer is an international Singer-Songwriter, Psychologist, Life Teacher and third generation singer. She is currently working with leading producers, musicians and songwriters in Europe and America on the release of her third album 'From Within'. She has toured in America, Europe and South East Asia singing in bands, shows, and musicals and accompanying herself at the piano.

She has a degree in Psychology and Sociology and has completed an extensive training programme in holistic health and complementary therapies. Lorrain has practised yoga and meditation for 30 years.

Lorrain began her professional music career as a singer in Manila, The Philippines by accident. After completing a contract with Voluntary Service Overseas as a college professor at Silliman she was on her way to Thailand through Indonesia when she was offered the chance to sing in a nightclub in Manila, which resulted in her forming a band with some Filipino musicians.

She then spent three years at Berklee School of Music in Boston, Massachusetts, studying music and performing regularly - singing popular contemporary music, jazz, R&B and performing her own compositions. During this time she wrote, produced and directed many shows of her work.

Returning to Europe she enjoyed residences in London's hotels and nightclubs and has performed at many distinguished venues in the UK, America, Europe, South East Asia and Africa, living on four continents. Developing her song-writing skills, she has been privileged to work with many established writers, producers and musicians including Barry Mason (whose credits include Delilah and The Last Waltz and who is currently working with Michel Legrand). With Barry she wrote 'The Courage to Win the Day' for her present album.

Her work has been written about and reviewed in the American and British press and she has appeared on British and American radio and TV. The Boston Press described Lorrain as 'a healer' with 'practically nuclear energy' and an Evening Standard reporter said Lorrain's work left her 'tingling from head to foot'. Lorrain has always run her own band and members of her band have included amongst others Leo Traversa www.leotraversa.com; Hill Greene www.hilliardgreene.com, her talented brother Merv de Peyer www.mervdepeyer.com and singer songwriter Tom Monti.

Alongside her music and singing Lorrain's interest and training in psychology and the healing arts led her to develop The Courage to Sing, offering singing courses, vocal training and workshops for Positive Transformation all over the UK. Over the last 15 years she has led hundreds of concerts and workshops helping thousands of people find and develop their creativity, move through their fears and emotional blocks towards self-expression, growth and vitality.

Lorrain is the daughter of the celebrated clarinettist Gervase de Peyer and one of her first voice teachers was her uncle Adrian de Peyer.

www.thecouragetosing.co.uk

Our website offers more details or call us to discuss your requirements

www.frenchhouseparty.co.uk • www.experiencetheexperience.co.uk • Tel: 01299 896819 or 07900 322791



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About Find Your Voice with The Courage to Sing



The tranquil rural setting of the beautiful French House Party domain engenders in its visitors feelings of peacefulness, relaxation and creativity. An idyllic place – and where better to hear the sound of voices joyfully soaring into the warm French air, musical notes blending with the soft rustling of the leaves in the trees?

And what a greater pleasure it would be if yours was one of those voices!

Singing is something creative and expressive that human beings have been doing for millennia – ever since we could talk. We do it to celebrate and we do it to commiserate, and thousands of people want to learn to do it better. They want to sing, but for many different reasons have never got round to it.

Perhaps they were told they were tone deaf, or they were thrown out of the school choir, or perhaps as children they were often told to 'shut up and be quiet' or to be 'seen and not heard'. Some people suffer from a lack of self-confidence, some have emotional blocks and others have insecurities which get in the way of their self-expression and which impact on other areas of their lives too.

What makes The Courage to Sing a unique approach is that it is as much about personal development and alternative healing as it is about singing. It uses singing, music and psychology to facilitate and improve creative thinking, self-expression, productivity, teambuilding, leadership training, natural health and success. People find the singing lessons and voice coaching courses inspiring, invigorating and above all fun.

Since its inception in 1998, The Courage to Sing has gone from strength to strength in venues all over London, Manchester and the South-West, with its trainers appearing on national TV and radio and receiving much national and regional press attention. This is the first 5-day holiday course which the company has operated in conjunction with the French House Party.

The organisation's experience when they witness the dramatic personal transformation that participants experience as they face their real or imagined fears about singing is that it is spectacular, captivating, inspiring and very, very moving. It has the same gut-wrenching tension, humour and passion that we see in popular TV programs and reality shows as people go through the internal agonies of putting themselves 'on the line', or 'raising their heads above the parapet'.

An added bonus which we include on this five-day, four-night course is a ticket to a musical performance in the open-air amphitheatre of La Cité de Carcassonne. Every July, Carcassonne holds its 'Festival de la Cité' – a month-long celebration of music of all genres, featuring international performance artistes. In recent years, international stars have included Sting, Depeche Mode, Status Quo and Robert Plant.

Next year's programme will be released in May, when we will block-book one of the evening performances for our group of French House Party guests. The cost of these tickets for this magical occasion are included in the price of the course.

To reserve a place on this exciting course, click on the Booking Details page. People find and develop their creativity, move through their fears and emotional blocks towards self-expression, growth and vitality.



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